

Important Benefits of Play-Based Learning

Creativity

Open-ended play encourages outside the box thinking, imagination, invention & flexibility.

STEM Thinking

Play encourages Children to build, explore, experiment and question the world around them.

Cultural Awareness

Play fosters inclusivity and understanding of diversity.

Brain Skills

Play supports planning, goal-setting, focus and adaptability skills.

Language Skills

Play encourages conversational turn taking, negotiation, new words & expression of ideas.

Social-Emotional Regulation

Guided play fosters self-regulation, resilience, empathy & problem solving.

